



Hi, Sensitives

PERSONAL GROWTH FOR HIGHLY SENSITIVE PEOPLE & EMPATHS

Submission guidelines
to share your story on
[HiSensitives.com!](https://HiSensitives.com)



1649



1080



7243

SUBMISSION GUIDELINES FOR PERSONAL STORIES

We encourage our writers to follow the following guidelines while sharing their story:

1. Reach out to us to pitch your story to us at **contact@hisensitives.com**, mentioning 'Story pitch' in the subject line.
2. Use a minimum of 1000 words while writing your story.
3. When sharing your story, please use the structure and format stated in this [submission template](#) for personal stories.
4. Please submit your story in the submission template to **contact@hisensitives.com**
5. Please don't forget to add your social media accounts in the submission template.
6. If you would like to share photos of yourself along with your story, please do so by sharing your Gravatar-email with us. Our system can only fetch your profile picture through Gravatar.

Do I get paid for my story?

At this point of time, we sadly do not have the resources to pay you for sharing your story.

However, we will promote your article on all our social media accounts (Facebook, Instagram & Pinterest).

Also, we will also make sure to tag your social media account in all our posts and in the blog, to make sure you get all the credit you deserve.

Can I republish my story on other websites?

In order to avoid a duplicate content penalty from Google, we cannot publish stories that have been published somewhere else. Therefore, we kindly request you to solely publish your story on our platform.