



HiSensitives

a personal growth brand
for highly sensitive people
and empaths
www.hisensitives.com

Submission guidelines
for storytellers & experts



1.212



843



6700



HiSensitives

a personal growth brand
for highly sensitive
people and empaths
www.hisensitives.com

SUBMISSION GUIDELINES FOR PERSONAL STORIES

We encourage our writers to follow the following guidelines while sharing their story:

1. Claim your guest blogging spot in [this calendar](#). (Please make sure to submit your article minimum 3 working days prior to your scheduled guest blogging spot.)
2. Use **minimum 1000 words** while writing your story.
3. When sharing your story, please use the structure and format stated in [this submission template](#) for personal stories.
4. Please submit your story in the submission template to contact@hisensitives.com
5. Please don't forget to add your social media accounts and website link in the submission template.
6. If you would like to share photos of yourself along with your story, please do so!

Do I get paid for my story?

At this point of time, we sadly do not have the resources to pay you for sharing your story.

However, we will promote your article on all our social media accounts (Facebook, Instagram & Pinterest).

Also, we will add a do follow-link to your website in the article. This is good for your own rankings in the search engines.

Usually, we charge 50\$ for do follow-links to other websites and promotion on our social media accounts, so we hope that you appreciate this type of compensation.

Can I republish my story on other websites?

In order to avoid a duplicate content penalty from Google, we cannot publish stories that have been published somewhere else. Therefore, we kindly request you to solely publish your story on our platform.



HiSensitives

a personal growth brand
for highly sensitive
people and empaths
www.hisensitives.com

SUBMISSION GUIDELINES FOR PROFESSIONALS

We encourage professionals and businesses to follow the following guidelines while writing:

1. Please pitch your idea to us via email before you start writing. This way, we can ensure that we are the right match or haven't published a similar article previously. Contact us at contact@hisensitives.com for pitching your idea.
2. After pitching your idea, please claim your guest blogging spot in [this calendar](#). (Please make sure to submit your article minimum 5 working days prior to your scheduled guest blogging spot.)
3. Your article should be at least 1000 words in length. This way, it will rank higher in the search engine.
4. Please download and use [this template](#) to write your blog and submit it to us.
5. You can submit your blog article to contact@hisensitives.com

Do I get paid for my article?

At this point of time, we sadly do not have the resources to pay for articles.

However, we will promote your article on all our social media accounts (Facebook, Instagram & Pinterest).

Also, we will add a do follow-link to your website in the article. This is good for your own rankings in the search engines.

Usually, we charge 50\$ for do follow links to other websites and promotion on our social media accounts, so we hope that you appreciate this type of compensation.

Can I republish my blog on other websites?

In order to avoid a duplicate content penalty from Google, we cannot publish articles that have been published somewhere else. Therefore, we kindly request you to solely publish your article on our platform.

WEBSITE STATISTICS (PER MONTH)

9,886

UNIQUE USERS

5,78

AVG. MINUTES ON PAGE

74,049

PAGE VIEWS



HiSensitives

a personal growth brand
for highly sensitive
people and empaths
www.hisensitives.com

COLLABORATE?

Would you like to write for us? Wonderful!

We cannot wait to hear from you and to share your article or story on our platform.

Please contact us at contact@hisensitives.com for eventual questions regarding writing for us.

CONTACT

Anne-Kathrin Walter
contact@hisensitives.com
+31 (06) 21 84 65 45